



Privacy Policy (GDPR Compliant)

At *Healing with Heather*, your privacy is respected and protected in accordance with the General Data Protection Regulation (GDPR – EU 2016/679).

What data is collected:

- Name, contact details, and basic identifying information
- Session notes and therapeutic observations

Why it's collected:

- To provide psychotherapy services
- To maintain records in line with ethical and professional practice

How it's stored:

- Digitally in encrypted, password-protected files
- Paper files (if any) are kept in locked storage

Your rights under GDPR:


- Right to access your personal data
- Right to correct or delete your information
- Right to withdraw consent at any time
- Right to file a complaint with the Spanish data protection authority

For questions, contact: heather@healingwithheather.eu

Sincerely,

Heather Smith

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